

# OA Denver Central

PROUDLY PRESENTS

An In-Person OA Workshop

## The Value of Abstinence in OA

January 20, 2024 from 11 - 2

Check-in starts at 10:30

Please join your OA fellows for our quarterly in-person workshop to explore and share on the value of abstinence in recovery. We will have three 10-minute speakers on abstinence and what it means for them as they recover in OA. We'll also have Q&A, small breakout groups, and more. Bring your lunch to eat with your fellows at break time.

The event is FREE but please register to let us know you'll be there:

Copy and paste into your browser: Or scan to  
<https://www.eventbrite.com/e/774955200867?aff=oddtcreator> Register



Grace UMC is at Yale and Eudora, just west of I-25. Parking is limited on Eudora, Suggest parking behind the church to the north, See map. From north parking lot enter north door. Follow the hall to the right of the stairs. Turn left and go to end of hall. Fellowship hall is about where the CROSS shows on the map.

For more information please contact Lori C 303-745-1551 Text or Call