

**Recovery in the Rockies OA Intergroup
MEETING LIST**

Meeting Name	Time (Mountain)	Day	In-Person/ Hybrid/ZOOM/ Phone-In	Physical Address or Zoom Meeting ID	Meeting Passcode	Dial-In Number	Meeting Contact Info
Women's Step Study - ZOOM each week (Hybrid on 2nd Sunday at St Joseph's Hospital)	10:00 AM-11:00 AM	Sunday	ZOOM	548 660 079	Passcode: 121212	1-669-900-6833	Kris W. 303-329-6026
St Ambrose Episcopal Church OA Meeting	6:00 PM-7:00 PM	Monday	In-Person	Hybrid 2nd Sunday: 1375 E. 19th St, Denver; Main Entry go to Education/Robinson Room then connect to ZOOM 7520 S. Boulder Rd, Boulder, CO 80303 (Back entrance of the church; meet in Library)			Robin 303-564-4363
Green Mountain Presbyterian Church OA Meeting	12:00 PM-1:00 PM	Monday	In-Person	12900 W Alameda Pkwy, Lakewood (if door is locked, please ring bell)			Cindy S. 303-332-2384
East Denver Monday	6:30 PM-7:30 PM	Monday	In-Person	7653 E. 1st Place, Room 114, Denver, CO 80230 (Use courtyard entrance from east-side parking lot, turn right down hallway past kitchen to Rm 114)			Alex W. 303-322-0085
Online - South Broadway Christian Church OA Mtg	7:00 AM-8:00 AM	Tuesday	ZOOM	975 4328 7790	Passcode: 121212	1-669-900-6833	Charlie G. 651-291-0745
Tuesday Noon OA Meeting	12:00 PM-1:00 PM	Tuesday	ZOOM	893 9837 1936	Passcode: recovery		Allisen 310-702-3507
Black Bear Building OA Meeting	6:00 PM-7:00 PM	Tuesday	ZOOM	897 4694 2925	Passcode: 196388		Mimi 970-401-0450
Wednesday OA Meeting	10:00 AM-11:00 AM	Wednesday	ZOOM	960 7317 4528	Passcode: 005199	253-215-8782	Bryann F. 303-995-1293
4th Dimension of Body Image Women's Meeting	12:00 PM-1:00 PM	Wednesday	In-Person	Mile Hi Church, 9077 W. Alameda Ave, Lakewood, CO 80226 (Hi Ground Entrance on north side of building; high school room)			Carrie G. 720-339-0346
The Courage to Change	6:00 PM-7:00 PM	Wednesday	ZOOM	896 9606 7926	Passcode: 667211	1-669-900-6833	Devon 303-669-0930
RFV OA	6:00 PM-7:00 PM	Wednesday	Hybrid	The Meeting Place, 981 Cowen Dr., Carbondale, CO 81623 813 9318 1352			Stephanie L. 440-665-6986
New Beginnings OA Meeting	6:30 PM-7:30 PM	Wednesday	In-Person	New Beginnings Alano Club, 195 S Main St #3, Longmont, CO 80501 (in strip mall behind Las Palmeras restaurant)			Karen H. 860-328-5708
Online - South Broadway Christian Church OA Mtg	7:00 AM-8:00 AM	Thursday	ZOOM	975 4328 7790	Passcode: 121212	1-669-900-6833	Charlie G. 651-291-0745
Holy Cross Lutheran Church OA Meeting/Hybrid	12:00 PM-1:00 PM	Thursday	Hybrid	Holy Cross Lutheran Church, 4500 Wadsworth Blvd, Wheat Ridge, CO (arrive early as door is kept locked; follow signs to mtg room)			Don K. 720-498-8104
				841 0976 5212	Passcode: 121212		
Ft. Collins Thursday Noon OA Zoom Meeting	12:00 PM-1:00 PM	Thursday	ZOOM	827 2195 7889	Passcode: 805240		Ellen 970-420-4309
Montrose Thursday Noon OA Meeting	12:00 PM-1:00 PM	Thursday	In-Person	First Presbyterian Church, 1840 E. Niagara Rd, Room 7, Montrose, CO			Nan S. 970-948-1898
Courage to Change OA Meeting	7:00 PM-8:00 PM	Thursday	In-Person	Grace United Methodist Church, 4905 E. Yale, Denver, CO 80222 (Use north entrance; meeting is in library)			Dana B. 720-985-6195
Special Focus: Bulimia/Anorexia	3:00 PM-4:00 PM	Friday	ZOOM	871 2437 8502	Passcode: 971579		Amy K. 303-909-6049
Friday Night OA	7:00 PM-8:00 PM	Friday	ZOOM	775 534 449	Passcode: 121212		Lainey O. 303-204-4836
There is a Solution - Castle Rock Clubhouse Hybrid Meeting	8:30 AM-9:30 AM	Saturday	Hybrid	Castle Rock Clubhouse, 404 Jerry St, Castle Rock, CO 80104 993 2195 2897			Beth U. 773-682-1223
Grand Junction Saturday Morning 9:00am OA Mtg	9:00 AM-10:00 AM	Saturday	In-Person	Independent Unity Church; 2793 Skyline Court, Unit C; Grand Junction, CO 81506			Bev J. 970-250-8435
VIRTUAL Saturday Morning SBCC OA Mtg	9:00 AM-10:00 AM	Saturday	ZOOM	811 0993 5852	Passcode: 121212	1-669-900-6833	Charlie G. 651-291-0745
Welcome Home OA Mtg - Immanuel Lutheran Church	9:00 AM-10:00 AM	Saturday	In-Person	Immanuel Lutheran Church; 3695 S Acoma Street, Englewood, CO 80110 (meeting in basement)			Kelsey 480-298-8184
In-Person Saturday Morning Big Book Study	9:30 AM-10:30 AM	Saturday	In-Person	23 Lincoln St, Denver, CO 80203, Enter doors on Lincoln St			Robyn M. 303-919-6023
King of Glory Church Hybrid OA Mtg	9:30 AM-10:30 AM	Saturday	Hybrid	King of Glory Lutheran Church; 10001 West 58th Avenue, Arvada, CO 80002 698 905 9152			Tami M. 302-981-1565
				Passcode: Call contact Saturdayarvadaoa@gmail.com			
Alano Club Boulder Hybrid Saturday OA Speakers Mtg	9:30 AM-10:30 AM	Saturday	Hybrid	Alano Club Boulder, 4800 Baseline Rd, Unit B-102, Boulder, CO 80303 (corner of Baseline and Foothills)			Chris 303-641-7102
				777 784 529	Passcode: 014638		
First United Methodist Church - Ft. Collins Saturday 10am Meeting of OA	10:00 AM-11:00 AM	Saturday	Hybrid	First United Methodist Church, 1005 Stover St, Ft Collins, CO 80524. (Stover and Elizabeth). Enter by south doors near parking lot.			Carol 614-777-8596
				863 3604 2671	Passcode: 805240		
Focus Meeting: Bulimia & Anorexia	11:00 AM-12:00 AM	1st Saturday of Month	ZOOM	936 1929 5758	Passcode: 121212	1-408-638-0968	Amy K. 303-909-6049
One Day At A Time OA Meeting	2:30 PM-3:30 PM	Saturday	In-Person	Mission Trace, Day At A Time Club, 3355 S Wadsworth Blvd, Lakewood			Don K. 720-498-8104
To add or change info about a meeting, please submit changes at: www.recoveryintherockies.org/submit-meeting-changes/meetings . Please allow up to 3 weeks for meeting changes.							updated 8-31-2026
For information about OA in Central and Northern Colorado, please visit: www.recoveryintherockies.org				For information on National OA and and OA literature, please visit: www.aa.org			